

## It's time to schedule your **Breast Cancer Screening!**

Now is a great time to get your **free** annual breast cancer screening mammogram.

We know you want to live healthy and your Today's Options® PPO plan is designed to help you do just that with a free annual mammogram from a network provider.

Getting a mammogram each year is the best defense against breast cancer and it is no cost to you. So, get the most out of your plan and take advantage of this benefit now.

Be assured that we are here to help in any way we can. If you have questions or need assistance scheduling your appointment, call us at 1-866-215-0062, 9:00 a.m. to 6:00 p.m. Eastern Time (TTY users call 711) Monday - Friday.

**Bonus:** through Live Healthy Rewards, you can receive credit towards earning your \$50 Reward card if you get your screening this year! For more information or to join, visit [www.LiveHealthyRewards.com](http://www.LiveHealthyRewards.com) or call 1-866-215-0062, 9:00 a.m. to 6:00 p.m. Eastern Time (TTY users call 711) Monday - Friday.

It's important for you to get your breast cancer screening. Don't Delay. Take another step to Live Healthy, call your doctor to get a referral and schedule your screening today!

**The Centers for Disease Control and Prevention (CDC) recommend women ages 50-74 get a mammogram every two years.**

Sincerely,



Erin Page  
President, Medicare Advantage

UNIVERSAL  
AMERICAN

A Healthy Collaboration®

Y0067\_RET\_BCSLtr\_0314\_IA 04/10/2014

PPO-AP-BCS-LTR 2014

**Use this card to keep a record of your mammogram appointment.**

*Live healthy*   
with Today's Options® PPO

Recommended screening: **Mammogram**

Date of Appointment: \_\_\_\_\_ Time: \_\_\_\_\_ a.m./p.m.

Location: \_\_\_\_\_