

2018 Authorization Guidelines for **UT Physicians (UTP)**

SERVICES BY CONTRACTED PROVIDERS FOR HMO, HMO-POS and HMO-SNP PLANS

Authorization Not Required

The following providers/services **DO NOT require an authorization** to be performed. No referral form needs to be completed.

Authorization May Be Required

For services not listed: if the billed charge per service is \$350 or less, an authorization is not required. Services with a billed charge greater than \$350 will require an auth.

Authorization Always Required

Referrals for the following specialties and services require a TexanPlus Auth number. **Complete the Auth Form and fax to:** (713) 965-9440 or (713) 838-3422.

Providers

- PCPs
- Capitated Providers and Ancillary Providers

Services

- Emergency Room Visits
- Emergent Ambulance Trips
- Urgent Care Visits
- Medicare Preventive Services
- Immunizations/Vaccinations
- Professional services rendered incidental to an authorized facility admit or service

Services/Procedures when performed in an office or freestanding facility

- Allergy Testing & Injections/Serums
- Sutures
- Eye Glasses or Contacts AFTER cataract surgery
- Pacemaker Checks
- Spirometry
- Barium Enemas
- Bone Density
- Dopplers (except nuclear)
- Echocardiograms & EKGs
- Intravenous Pyelograms (IVPs)
- Kidney, Ureter, Bladder X-rays
- Flat X-rays & Fluoroscopies
- Radiologic Transcatheter Procedures
- Pulmonary Function Testing (PFTs)
- Mammograms
- Treadmill Stress Tests
- Ultrasounds (non-OB)
- Upper Gastrointestinal X-rays
- Colonoscopies, Screening
- Dialysis Access Vascular Service

<u>Laboratory/Pathology Services</u> All Lab Work Should be sent to:

OUEST DIAGNOSTICS

If Quest Diagnostics is not able to perform a particular service, please submit an auth request.

 Auth is Required for Genetic & Molecular Testing for all places of service

Medicare Part B Drugs

Part B Drugs with billed charges over \$350 will require an auth, unless mentioned elsewhere

Durable Medical Equipment/P&0/Supplies

An auth is required except for the following:

- Walkers, Canes, Crutches, Commodes
- Medical Supplies, during an office visit
- Nebulizers & Nebulizer Supplies
- Ostomy Supplies
- CPAP/BiPAP Supplies
- Urological Supplies
 Trach Supplies
 Diabetic Meters & Supplies are to be obtained through the Part D benefit and physician orders should request the preferred vendor when applicable.

PCP REFERRALS

Referrals to the following specialists must be within the PCPs LPO. The referral from the PCP includes 2 office visits (one consult, one f/u visit), to be completed within 90 days. Subsequent visits and services will require an authorization. Services other than office visits are subject to the authorization guidelines on this sheet.

- Allergy & Immunology
- Cardiology
- Dermatology
- Endocrinology
- Gastroenterology/Hepatology
- General Surgery
- Infectious Disease
- Nephrology
- Neurology
- Ob/Gvn
- Ortho/Orthopedic Surgery
- Oncology/Hematology
- Otolaryngology/ENT
- Podiatry
- Pulmonology
- Radiation Oncology
- Rheumatology
- Urology

Facility Services

- Inpatient Admissions
 - Acute
 - LTAC
 - Mental Health
 - SNF
 - Inpatient Rehab
- Observation Stays
- Outpatient Services, exclusive only of ER and Preventive Services
- Outpatient Surgeries

Providers

- Cardiovascular/Thoracic Surgeons
- Colon & Rectal Surgeons
- Cardiac Electrophysiologists
- Chiropractors
- Neurosurgeons
- Transplant Specialists
- Pain Management Specialists
- Plastic Surgeons
- Ophthalmologists
- Dietician/Nutritionists

Services/Procedures

- Cataract Surgery
- Colonoscopies, Diagnostic
- Dialvsis
- Endoscopies
- Hearing Services, Diagnostic
- EMG/Nerve Conduction Studies
- Ambulance Non-Emergent Transports
- Chemotherapy, including drugs
- Holter Monitors
- Home Health
- Outpatient Rehab: PT/OT/ST, Cardiac & Pulmonary Rehab, Physical Medicine Services
- Hyperbaric Treatments
- MRIs/MRAs/CTs
- PET Scans & Nuclear Medicine
- Radiation Therapy
- Radiopharmaceuticals
- Sleep Studies
- Wound Care