

## PCP HEDIS QUICK REFERENCE GUIDE For Primary Care Providers

HEDIS Measure	Measure Requirements	*Recommended Services
<b>Adult BMI Assessment (ABA)</b> <i>Hybrid Measure</i>	Patients 18 to 74 years old have a documented weight and calculated BMI in 2015 or 2016	<b>BMI</b> Z68.1, Z68.20- Z68.45
<b>Breast Cancer Screening (BCS)</b>	Female patients 50-74 years old have a mammogram to screen for breast cancer every 2 ¼ years, 10/1/2014 – 12/31/2016.  <b>Exclusion:</b> Bilateral mastectomy any time during the patient's history through 12/31/2016	<b>Mastectomy</b> Z90.11 (Right) Z90.12 (Left) Z90.13 (Bilateral)
<b>Colorectal Cancer Screening (COL)</b> <i>Hybrid Measure</i>	Patients age 50-75 have a recommend screening for colorectal cancer in the appropriate timeframe <ul style="list-style-type: none"> <li>• Fecal Occult Blood Test (FOBT) in 2016 - annually</li> <li>• Flexible Sigmoidoscopy between 2012-2016 - every 5 years</li> <li>• Colonoscopy between 2007-2016 – every ten years</li> </ul> <b>Not acceptable:</b> digital rectal exams (DRE), FOBT tests performed in an office setting or performed on a sample collected via DRE.  <b>Exclusion:</b> Colorectal cancer or total colectomy any time during the patient's history through 12/31/2016	<b>Fecal Occult Blood Test</b> CPT: 82270, 82274 HCPCS: G0328  <b>Exclusion Colon Cancer</b> C18.0 - C18.9, C19, C20, C21.2, C21.8, C78.5, Z85.038, Z85.048
<b>Use of Spirometry Testing in the Assessment and Diagnosis of COPD (SPR)</b>	Patients 40 years of age and older with a new diagnosis of COPD or newly active COPD on or between 7/1/2015 through 6/30/2016  Receive appropriate spirometry testing to confirm the diagnosis, 2 years prior to the COPD diagnosis through 6 months after the diagnosis	<b>Spirometry</b> 94010, 94104-94016, 94060, 94070, 94375, 94620
<b>Pharmacotherapy Management of COPD Exacerbation (PCE)</b>	Patients age 40 & older with a COPD exacerbation (as indicated by an acute inpatient discharge or ED encounter with a principal diagnosis of COPD) are dispensed appropriate medications <ul style="list-style-type: none"> <li>• Corticosteroid within 14 days of discharge/ED visit</li> <li>• Bronchodilator within 30 days of discharge/ED visit</li> </ul>	<b>Systemic Corticosteroids</b> Glucocorticoids  <b>Bronchodilators</b> Anticholinergic agents Beta 2-agonists Methylxanthines

\*These services/codes can be used for gap closure/exclusion but the list is not exhaustive. A coding manual should be referenced for more details.

HEDIS Measure	Measure Requirements	*Recommended Services
<p><b>*NEW</b>  <b>Medication Management for People with Asthma (MMA)</b></p>	<p>Patients age 18-85 with persistent asthma are dispensed appropriate medications that they remained on during the treatment period</p> <p>Treatment period - The period of time beginning on the earliest prescription dispensing date through 12/31/2016</p>	<p><b><u>Asthma Medications</u></b>            Antiasthmatic combinations            Antibody inhibitor            Inhaled steroid combinations            Inhaled corticosteroids            Leukotriene modifiers            Mast cell stabilizers            Methylxanthines            Short-acting, inhaled beta-2 agonists</p>
<p><b>Controlling High Blood Pressure (CBP)</b>  <b>*Medical Record Review only</b></p>	<p>Patients with at least one outpatient visit with a diagnosis of hypertension from 1/1/2016 to 6/30/2016 have their blood pressure controlled during 2016</p> <ul style="list-style-type: none"> <li>• Documentation of HTN in the medical record anytime during the patient's history on or before 6/30/2016 <b>and</b></li> <li>• Most recent BP in 2016 after the diagnosis date is less than <b>140/90</b> mmHg</li> </ul>	<p>There is no administrative code that meets the requirement.</p> <p>The health plan will request the medical chart and the medical chart must contain documentation of the hypertension diagnosis from either</p> <ul style="list-style-type: none"> <li>• An undated problem list</li> <li>• Visit note on or before 6/30/2016</li> </ul> <p>The Blood Pressure reading must come from a visit note after the diagnosis visit.</p>
<p><b>Persistence of Beta-Blocker Treatment after a Heart Attack (PBH)</b></p>	<p>Patients 18 and older who were hospitalized with a diagnosis of a MI and discharged from 7/1/2015 to 6/30/2016 receive persistent beta-blocker for at least 6 months post hospital discharge</p>	<p><b><u>Beta-Blocker Medications</u></b>            Noncardioselective beta-blockers            Cardioselective beta-blockers            Antihypertensive combinations</p>
<p><b>Statin Therapy for Patients with Cardiovascular Disease (SPC)</b></p>	<p>Patient males 21–75 &amp; females 40–75 years of age identified as having clinical atherosclerotic cardiovascular disease (ASCVD) in 2014 or 2015</p> <ul style="list-style-type: none"> <li>• <u>Received Statin Therapy</u> at least one statin of high or moderate intensity during 2016</li> <li>• <u>Statin Adherence</u> remained on statin medication for at least 80% of the treatment period. Treatment period begins when statin prescribed till 12/31/2016.</li> </ul>	<p><b><u>Statin Medications</u></b>            High-intensity statin therapy            Moderate-intensity statin therapy</p>
<p><b>Comprehensive Diabetes Care (CDC) HbA1c Test/Result Hybrid Measure</b></p>	<p>Patients 18-75 years of age identified with diabetes (type I or II) in 2015 or 2016</p> <ul style="list-style-type: none"> <li>• Have a result of <math>\leq 9.0\%</math> for their the most recent <b>Hemoglobin A1c</b> (HbA1c) test 2016</li> </ul>	<p><b><u>HgbA1c Test</u></b>            83036, 83067  <b><u>HgbA1c Result</u></b>            3044F: <math>&lt; 7/0\%</math>            3045F :7.0% - 9.0%:            3046F: <math>&gt; 9.0\%</math></p>
<p><b>Comprehensive Diabetes Care (CDC) BP Reading Hybrid Measure</b></p>	<p>Patients 18-75 years of age identified with diabetes (type I or II) in 2015 or 2016</p> <ul style="list-style-type: none"> <li>• Have a reading of <math>&lt;140/90</math> mm Hg for their most recent <b>Blood Pressure</b> reading in 2016</li> </ul>	<p><b><u>Systolic</u></b>            3074F: <math>&lt; 130</math> mm Hg            3075F: 130 mm Hg - 139 mm Hg            3077F: <math>\geq 140</math> mm Hg  <b><u>Diastolic</u></b>            3078F: <math>&lt; 80</math> mm Hg            3079F: 80 mm Hg - 89 mm Hg            3080F: <math>\geq 90</math></p>

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<b>Comprehensive Diabetes Care (CDC) Eye Exam</b> <i>Hybrid Measure</i>	Patients 18-75 years of age identified with diabetes (type I or II) in 2015 or 2016 <ul style="list-style-type: none"> <li>• Have a <b>retinal or dilated eye exam</b> by an optometrist or ophthalmologist in 2016 (any result)</li> <li>• Have a diabetic eye exam by an optometrist or ophthalmologist in <b>2015</b> that is <b>negative for retinopathy</b></li> </ul> An eye exam can be report by a PCP when there is documentation in the medical chart that an eye exam was performed/ reviewed by an eye care professional	<b>Retinal or dilated eye exam reported by a PCP</b> 3072F: No evidence of retinopathy in 2015 2022F: Dilated retinal eye exam in 2016 2024F: Seven standard field stereoscopic photos with interpretation in 2016 2026F: Eye imaging validated to match diagnosis from seven standard field stereoscopic photos results in 2016
<b>Comprehensive Diabetes Care (CDC) Nephropathy Management</b> <i>Hybrid Measure</i>	Patients 18-75 years of age identified with diabetes (type I or II) in 2015 or 2016 receive one of the following <b>medical attention for nephropathy</b> in 2015 <ul style="list-style-type: none"> <li>• Urine Protein Test</li> <li>• Nephropathy Treatment</li> <li>• ACE/ARB dispensed</li> <li>• CKD Stage 4, ESRD, Kidney Transplant</li> </ul>	<b>Urine Protein Tests</b> 81000 - 81003, 81005, 82042 - 82044, 84156, 3060F – 3062F  <b>Nephropathy Treatment</b> 3066F: Documentation of treatment for nephropathy (e.g. Dialysis, ESRD, CRF, ARF, or renal insufficiency) 4010F: ACE/ARP therapy prescribed or currently being taken
<b>Statin Therapy for Patients with Diabetes (SPD)</b>	Patients age 40-75 with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) and who <ul style="list-style-type: none"> <li>• Received at least one statin medication during 2016</li> <li>• Remained on statin therapy for at least 80% of the treatment period. Treatment period begins when statin prescribed through 12/31/2016</li> </ul>	High-intensity statin therapy Moderate-intensity statin therapy Low-intensity statin therapy
<b>Disease Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis (ART)</b>	Patients 18 and older who diagnosed with rheumatoid arthritis in 2016 <ul style="list-style-type: none"> <li>• Dispensed at least one prescription for a disease-modifying anti-rheumatic drug (DMARD) by claim or by pharmacy data</li> </ul>	<b>DMARD</b> 5-Aminosalicylates Alkylating agents Aminoquinolines Anti-rheumatics Immunomodulators Immunosuppressive agents Janus kinase (JAK) inhibitor Tetracyclines  <b>DMARD Medical claim</b> J0129, J0135, J0717, J1438, J1600, J1602, J1745, J3262, J7502, J7515-J7518, J9250, J9260, J9310
<b>Osteoporosis Management in Women Who Had a Fracture (OMW)</b>	Women age 67-85 who had a fracture on or between 7/1/2015 and 6/30/2016 <ul style="list-style-type: none"> <li>• Have a Bone Mineral Density (BMD) test within 6 months of fracture date</li> <li>• Receive Osteoporosis medication within 6 months of fracture date</li> </ul> <b>Exclusion:</b> <ul style="list-style-type: none"> <li>• Had (BMD) test during the 730 days (24 months) prior to the fracture</li> <li>• Received Osteoporosis medication during the 365 days (12 months) prior to the fracture</li> </ul>	<b>Bone Mineral Density Test</b> HCPCS: G0130 CPT: 76977, 77078, 77080-77082 , 77085  <b>Osteoporosis Therapies</b> Biphosphonates Other Agents: Calcitonin, Denosumab, Raloxifene, Teriparatide  <b>Osteoporosis Therapies Medical Claim</b> J0630, J0897, J1740, J3110, J3487, J3488, J3489, Q2051

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<b>Annual Monitoring for Patients on Persistent Medications (MPM)</b>	<p>Patients 18 and older taking ACE/ARB medications, digoxin, or diuretics, receive annual therapeutic monitoring. Any of the following during 2016 meet criteria:</p> <ul style="list-style-type: none"> <li>• ACE/ARB <ul style="list-style-type: none"> <li>– Lab panel test</li> <li>– Serum potassium test AND serum creatinine test</li> </ul> </li> <li>• Digoxin <ul style="list-style-type: none"> <li>– Lab panel test AND serum digoxin</li> <li>– Serum potassium test AND serum creatinine test AND serum digoxin test</li> </ul> </li> <li>• Diuretics <ul style="list-style-type: none"> <li>– Lab panel test</li> <li>– Serum potassium AND serum creatinine test</li> </ul> </li> </ul>	<p><b>Lab Panel</b> 80047, 80048, 80050, 80053, 80069</p> <p><b>Serum Potassium</b> 80051, 84132</p> <p><b>Serum Creatinine</b> 82565, 82575</p> <p><b>Digoxin</b> 80162</p> <p>The tests do not need to occur on the same service date, only within 2016.</p>
<p><b>*NEW</b> <b>Medication Reconciliation Post-Discharge (MRP)</b></p>	<p>Discharges from 1/1/2015 –12/1/2015 for patients 18 years of age and older for whom medications were reconciled the date of discharge through 30 days after discharge</p> <p>Discharge medications reconciled with the current medication list <b>in outpatient medical record</b>. Only documentation in the outpatient chart meets the intent of the measure, but an <b><u>outpatient visit is not required</u></b></p> <p>Medication reconciliation conducted by a <b><u>prescribing practitioner, clinical pharmacist or registered nurse</u></b></p>	<p><b>Reporting Code</b> 1111F: Discharge medication reconciled with the current medication list in an outpatient medical record (can be submitted even if an office visit did not occur within the 30 days of discharge)</p> <p><b>Transitional Care Management Services</b> 99495: Communication within 2 business days of discharge; by phone, email, or in person and a face-to-face visit <b>within 14 days of discharge</b>.</p> <p>99496: Communication within 2 business days of discharge; by phone, email, or in person and a face-to-face visit <b>within 7 days of discharge</b></p>
<p><b>Potentially Harmful Drug-Disease Interactions (DDE)</b> <i>lower rate is better</i></p>	<p>To prevent patients 65 and older with history of falls, dementia, and chronic kidney disease in 2015 or 2016 from taking medications that may increase the risk for complications</p> <ul style="list-style-type: none"> <li>• <u>History of falls</u>: Anticonvulsants, nonbenzodiazepine hypnotics, SSRIs, antiemetics, antipsychotics, benzodiazepines, or tricyclic antidepressants</li> <li>• <u>Dementia</u>: Antiemetics, antipsychotics, benzodiazepines, tricyclic antidepressants, H<sub>2</sub> Receptor Antagonists, nonbenzodiazepine hypnotics or anticholinergic agents</li> <li>• <u>Chronic kidney disease</u>: Cox-2 Selective NSAIDS or nonaspirin NSAIDS</li> </ul>	

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<p><b>Use of High-Risk Medication in the Elderly (DAE)</b> <i>lower rate is better</i></p>	<p>To decrease the number of patients 66 and older who receive high-risk medications in 2016, 2 different criteria:</p> <ul style="list-style-type: none"> <li>• At least one high-risk medication</li> <li>• At least two different high-risk medications</li> </ul>	<p><b>High-Risk Medications</b>            Anticholinergics (excludes TCAs), first-generation antihistamines            Anticholinergics (excludes TCAs), anti-Parkinson agents            Antithrombotics            Cardiovascular, alpha agonists, central            Cardiovascular, other ( Disopyramide, Nifedipine, immediate release)            Central nervous system, tertiary TCAs            Central nervous system, barbiturates            Central nervous system, vasodilators            Central nervous system, other            Endocrine system, estrogens with or without progestins; include only oral and topical patch products            Endocrine system, sulfonylureas, long-duration            Endocrine system, other            Gastrointestinal system, other            Pain medications, skeletal muscle relaxants            Pain medications, other (Indomethacin, Ketorolac-includes parenteral, Meperidine, Pentazocine)</p> <p><b>High-Risk Medications With Days Supply Criteria &gt;90 days</b>            Anti-infectives, other (Nitrofurantoin, Nitrofurantoin macrocrystals, Nitrofurantoin macrocrystals-monohydrate)            Nonbenzodiazepine hypnotics ( Eszopiclone, Zaleplon, Zolpidem)            Nitrofurantoin            Prescription            Days Supply Criteria</p> <p><b>High-Risk Medications With Average Daily Dose Criteria</b>            Reserpine &gt;0.1 mg/day            Digoxin &gt;0.125 mg/day            Doxepin &gt;6 mg/day</p>
<p><b>Non-Recommended PSA-Based Screening in Older Men (PSA)</b> <i>lower rate is better</i></p>	<p>To perform PSA-based testing for men 70 years and older only when it is clinically appropriate.</p> <ul style="list-style-type: none"> <li>• Prostate cancer diagnosis anytime in the patient's history.</li> <li>• Dysplasia of the prostate in 2015 or 2016.</li> <li>• A PSA test in 2015 where the laboratory data indicate an elevated result (&gt;4.0ng/mL).</li> </ul>	<p><b>Prostate Cancer</b> C61, D07.5, D40.0, Z15.03, Z85.46</p> <p><b>Prostate Dysplasia -</b> N42.3</p>
<p><b>Antidepressant Medication Management (AMM)</b></p>	<p>Patients 18 years of age and older who were treated with antidepressant medication on or between 5/1/2015 and 3/30/2016, had a diagnosis of major depression and who remained on antidepressant medication treatment.</p> <ul style="list-style-type: none"> <li>• Remain on an antidepressant medication for at least 84 days (12 weeks)</li> <li>• Remain on an antidepressant medication for at least 180 days (6 months)</li> </ul>	<p><b>Antidepressant Medications</b></p> <ul style="list-style-type: none"> <li>• Miscellaneous antidepressants (Bupropion, Vilazodone, Vortioxetine)</li> <li>• Monoamine oxidase inhibitors</li> <li>• Phenylpiperazine antidepressants</li> <li>• Psychotherapeutic combinations</li> <li>• SNRI antidepressants</li> <li>• SSRI antidepressants</li> <li>• Tetracyclic antidepressants</li> <li>• Tricyclic antidepressants</li> </ul>