



MEDICATION ALERT: INFORMATION FOR TEXANPLUS® MEMBERS

High-Risk Medication List for Individuals ≥ 65 years old.

High-Risk Medications are medications identified by the Centers for Medicare & Medicaid Services (CMS) and several other national organizations, including the National Committee for Quality Assurance (NCQA), to have a higher risk of side effects in individuals age 65 years or older and therefore may pose a safety concern. Please evaluate the use of medications on this list in individuals age 65 years or older.

Information provided or made available through TexanPlus® is not intended to replace the professional judgment of a licensed medical prescriber. Our recommendations are provided as supplementary information for you to consider.

TexanPlus HMO/HMO-POS

High-Risk Medication - Formulary Alternative List

Plan Year 2017

Drug Class	High-Risk Medications (Tier)	Formulary Alternatives (Tier) - Standard
Antiarrhythmic Drug	Digoxin (>0.125mg/day) (2); Norpace CR (4)	Consult with physician
Antidepressants, Tricyclic	Amitriptyline (4), Clomipramine (4), Doxepin (4), Imipramine (4), Trimipramine (4)	Citalopram (1,2), Escitalopram (2), Fluoxetine (1,2), Mirtazapine (1,2), Nortriptyline (1,2), Sertraline (1,2), Trazodone (1), Bupropion (2), Venlafaxine (2), Pristiq (3), Viibryd (4)
Antihistamines, First Generation	Diphenhydramine (NF), Carbinoxamine (NF), Hydroxyzine (4), Cyproheptadine (4)	Azelastine (nasal spray) (2), Cetirizine Syrup (2), Levocetirizine (2),
Anti-Emetics	*Promethazine Tabs (4), Phenadoz suppositories (4), Promethgan suppositories (4)	*Ondansetron (2) alt for Promethazine for indication of nausea/vomiting*
Anti-Infectives	Nitrofurantoin (cumulative day supply > 90 days)(4)	Sulfamethoxazole-Trimethoprim (1,2), Ciprofloxacin (1,2), Levofloxacin (1,2),
Antiparkinsonian Agents	Benzotropine (Oral) (4)	Carbidopa-Levodopa (2), Pramipexole Dihydrochloride (2), Ropinirole HCL (2), Selegiline HCL (2), Azilect (3), Neupro (4)
Antithrombotics	Ticlopidine (NF), Dipyridamole, oral short acting (NF)	Clopidogrel (1), Aspirin-Dipyridamole (2)
Barbiturates	Butalbital (containing prod) (NF)	Consult with physician
	Phenobarbital (4)	Carbamazepine (2), Divalproex (2), Gabapentin (1,2), Lamotrigine (1,2), Levetiracetam (2), Oxcarbazepine (2), Phenytoin (2), Primidone (2), Valproic acid (2), Tegretol-XR (4)
Benzodiazepines: Long Acting	Amitriptyline-Chlordiazepoxide (NF), Diazepam (1,2), Flurazepam (NF)	Consult with physician

TexanPlus® HMO and TexanPlus® HMO-POS are Medicare Advantage plans with a Medicare contract. Enrollment in these plans depends on contract renewal.

Drug Class	High-Risk Medications (Tier)	Formulary Alternatives (Tier) - Standard
Cardiovascular: Central Alpha Agonists	Methyldopa (NF), Guanfacine (4), Guanabenz (NF), Reserpine (NF)	Consult with physician
Endocrine Agents	Armour Thyroid (dessicated)(NF)	Levothyroxine Sodium (2), Levoxyl (2), Synthroid (4)
	Megestrol AC Susp (4), Megesterol AC tab (4)	Consult with physician regarding nutritional supplements
Estrogen/Progestin (Single and/or Combination Products Oral/Patch)	Premarin (NF), Estropipate (NF), Prempro, Premphase (NF), Estradiol (4), Vivelle Dot (NF)	Consult with physician
Non-Benzodiazepine Hypnotics	Eszopiclone (NF), Zolpidem Tartrate (4), Zaleplon (NF)	Avoid use >90 days; Non-Pharmacological Alternatives (Behavioral and/or Environmental Modifications)
Non-Cox-Selective NSAIDs	Indomethacin (NF)	Suggested for short-term use
	Ketorolac (NF)	Diclofenac (2), Ibuprofen (1,2), Meloxicam (1,2), Naproxen (1,2), Celecoxib (2), Etodolac (2)
Sulfonylureas, Long Acting	Chlorpropamide (NF), Glyburide (NF)	Glipizide (1), Metformin (1), Glimepiride (1)
Skeletal Muscle Relaxants	Carisoprodol (NF), Cyclobenzaprine (4), Methocarbamol (NF), Metaxalone (NF), Chlorzoxazone (NF), Orphenadrine (NF)	Baclofen (2), Tizanidine (2)

Alternatives consist of multiple therapeutic classes. See formulary for specific tier.



If you have any questions about this list, please contact Provider Services at 1-866-230-2513, 8:00 a.m. to 8:00 p.m. in your local time zone (TTY users call 711) Monday – Friday.