



MEDICATION ALERT: INFORMATION FOR TEXANPLUS[®] HMO-SNP MEMBERS

High-Risk Medication List for Individuals ≥ 65 years old.

High-Risk Medications are medications identified by the Centers for Medicare & Medicaid Services (CMS) and several other national organizations, including the National Committee for Quality Assurance (NCQA), to have a higher risk of side effects in individuals age 65 years or older and therefore may pose a safety concern. Please evaluate the use of medications on this list in individuals age 65 years or older.

Information provided or made available through TexanPlus[®] HMO-SNP is not intended to replace the professional judgment of a licensed medical prescriber. Our recommendations are provided as supplementary information for you to consider.

TexanPlus HMO-SNP

High-Risk Medication - Formulary Alternative List

Plan Year 2017

Drug Class	High-Risk Medications	Formulary Alternatives
Antiarrhythmic Drug	Digoxin (>0.125mg/day); Norpace CR	Consult with physician
Antidepressants, Tricyclic	Amitriptyline, Clomipramine, Doxepin, Imipramine, Trimipramine	Citalopram, Escitalopram, Fluoxetine, Mirtazapine, Nortriptyline, Sertraline, Trazodone, Bupropion, Venlafaxine, Pristiq, Viibryd
Antihistamines, First Generation	Diphenhydramine (NF), Carbinoxamine (NF), Hydroxyzine, Cyproheptadine	Azelastine (nasal spray), Cetirizine Syrup, Levocetirizine
Anti-Emetics	*Promethazine Tabs, Phenadoz suppositories, Promethgan suppositories	Ondansetron alt for Promethazine for indication of nausea/vomiting
Anti-Infectives	Nitrofurantoin (cumulative day supply > 90 days)	Sulfamethoxazole-Trimethoprim, Ciprofloxacin, Levofloxacin
Antiparkinsonian Agents	Benzotropine (Oral)	Carbidopa-Levodopa, Pramipexole Dihydrochloride, Ropinirole HCL, Selegiline HCL, Azilect, Neupro
Antithrombotics	Ticlopidine (NF), Dipyridamole, oral short acting (NF)	Clopidogrel, Aspirin-Dipyridamole
Barbiturates	Butalbital (containing prod) (NF)	Consult with physician
	Phenobarbital	Carbamazepine, Divalproex, Gabapentin, Lamotrigine, Levetiracetam, Oxcarbazepine, Phenytoin, Primidone, Valproic acid, Tegretol-XR
Benzodiazepines: Long Acting	Amitriptyline-Chlordiazepoxide (NF), Diazepam, Flurazepam (NF)	Consult with physician
Cardiovascular: Central Alpha Agonists	Methyldopa (NF), Guanfacine, Guanabenz (NF), Reserpine (NF)	Consult with physician
Endocrine Agents	Armour Thyroid (desiccated)(NF)	Levothyroxine Sodium, Levoxyl, Synthroid
	Megestrol AC Susp, Megesterol AC tab	Consult with physician regarding nutritional supplements

TexanPlus[®] HMO-SNP is a Medicare Advantage plan with a Medicare contract and a contract with the State Medicaid Program. Enrollment in this plan depends on contract renewal.

Drug Class	High-Risk Medications	Formulary Alternatives
Estrogen/Progestin (Single and/or Combination Products Oral/Patch)	Premarin (NF), Estropipate (NF), Prempro, Premphase (NF), Estradiol, Vivelle Dot (NF)	Consult with physician
Non-Benzodiazepine Hypnotics	Eszopiclone (NF), Zolpidem Tartrate, Zaleplon (NF)	Avoid use >90 days; Non-Pharmacological Alternatives (Behavioral and/or Environmental Modifications)
Non-Cox-Selective NSAIDs	Indomethacin (NF)	Suggested for short-term use
	Ketorolac (NF)	Diclofenac, Ibuprofen, Meloxicam, Naproxen, Celecoxib, Etodolac
Sulfonylureas, Long Acting	Chlorpropamide (NF), Glyburide (NF)	Glipizide, Metformin, Glimepiride
Skeletal Muscle Relaxants	Carisoprodol (NF), Cyclobenzaprine, Methocarbamol (NF), Metaxalone (NF), Chlorzoxazone (NF), Orphenadrine (NF)	Baclofen, Tizanidine



If you have any questions about this list, please contact Provider Services at 1-844-879-4367, 8:00 a.m. to 8:00 p.m. in your local time zone (TTY users call 711) Monday – Friday.